CHRISTOPHER J. TRAINOR
& ASSOCIATES

CAR ACCIDENT CHECKLIST

5 Critical Steps to Protect Yourself After an Accident

△ **IMPORTANT:** Call 911 immediately if anyone is injured. Be very careful about what you say and who you say it to — your words can and will be used against you.

1 SAFETY FIRST

- ☐ Turn on hazard lights immediately
- ☐ Move vehicles out of traffic if safe to do so
- ☐ Check yourself and all passengers for injuries
- ☐ Stay at the scene — leaving is a criminal offense
- ☐ Call 911 and wait calmly for emergency services

2 CALL THE POLICE

- ☐ Call 911 for any accident, even minor ones
- ☐ Request an ambulance if anyone is hurt
- ☐ Get the responding officer's name & badge number
- ☐ Answer only basic factual questions from officers
- ☐ Get the police report number before you leave

3 EXCHANGE INFORMATION

- ☐ Get the other driver's full name & phone number
- ☐ Record their home address and email if possible
- ☐ Photograph their driver's license & insurance card
- ☐ Note the license plate, make, model & color
- ☐ Get their insurance company name & policy number
- ☐ Note number of passengers in the other vehicle

4 SEEK MEDICAL CARE

- ☐ Go to the ER or urgent care the same day
- ☐ Tell your doctor every symptom — even minor ones
- ☐ Call EMS if there is an injury
- ☐ Be honest: tell them the accident was the cause
- ☐ Follow ALL prescribed treatments & appointments
- ☐ Keep every medical bill, record & prescription

5 CALL AN ATTORNEY

- ☐ Call before signing ANYTHING from any insurer
- ☐ Do not accept the first settlement offer — ever
- ☐ Initial offers rarely cover future medical costs
- ☐ An attorney maximizes your total compensation
- ☐ We handle documenting, police reports & your insurer
- ☐ Free consultation — no fees unless we win

INJURED IN AN ACCIDENT?
CALL US TODAY — IT'S FREE.

Christopher Trainor & Associates | MichiganLegalCenter.com

(248) 886-8650

No fees unless we win your case.

This document is for general informational purposes only and does not constitute legal advice. No attorney–client relationship is formed by use of this checklist.

WATCH WHAT YOU SAY: Anything said at the scene can be used against you • Do not speculate or give opinions • Do not post about the accident on social media • Do not give recorded statements without an attorney • Do not sign documents from the other driver's insurer